

Tips to help save water

60th Aerospace Medicine Squadron Bioenvironmental Engineering Flight

Facts, figures on this year's water report, **PAGE 29**

The average U.S. household uses approximately 400 gallons of water per day or 100 gallons per person per day.

There are many low-cost and no-cost ways to conserve water. Small changes can make a big difference – it is easy to make them second nature.

- Take short showers – a five-minute shower uses four to five gallons of water compared to up to 50 gallons for a bath.

- Shut off water while brushing teeth, washing hair and shaving and save up to 500 gallons a month.

- Use a water-efficient showerhead. They are inexpensive, easy to install and can save you up to 750 gallons a month.

- Run clothes washer and dishwasher only when they are full. Save up to 1,000 gallons a month.

- Water plants only when necessary.

- Fix leaking toilets and

faucets. Faucet washers are inexpensive and take only a few minutes to replace. To check your toilet for a leak, place a few drops of food coloring in the tank and wait. If it seeps into the toilet bowl without flushing, there's a leak. Fixing it or replacing it with a new, more efficient model can save up to 1,000 gallons of water a month.

- Adjust sprinklers so only your lawn is watered. Apply water only as fast as the soil can absorb it and during the cooler parts of the day to reduce evaporation.

- Teach children about water conservation to ensure a future generation that uses water wisely. Make it a family effort to reduce next month's water bill.

Source-water protection tips for consumers

Protection of drinking water is everyone's responsibility.

You can help protect your community's drinking water source in several ways:

- Eliminate excess use of lawn and garden fertilizers and pesticides. They contain hazardous chemicals that can reach your drinking water source.

- Pick up after pets.
- Those with septic system can properly maintain it to reduce leaching to water sources or consider connecting to a public water system.

- Dispose of chemicals properly. Take used motor oil to a recycling center.

- Volunteer in the community. Find a watershed or well-head protection organization in your community and volunteer to help. If there are no active groups, consider starting one. Use EPA's Adopt Your Watershed to locate groups in the community or visit the Watershed Information Network's "How to Start a Watershed Team."

For more information, visit www.epa.gov/watersense.

Actions have consequences

60th Air Mobility Wing Judge Advocate

Law and Order is a recurring feature detailing the previous month's military justice matters at Travis Air Force Base, California.

Publicizing this information fosters an atmosphere of good order and discipline by demonstrating how the military enforces standards of conduct.

In May, one Airman received final action from a court-martial, one Airman received final review of nonjudicial punishment under Article 15, Uniform Code of Military Justice, and three Airmen were involuntarily separated. The following are tools used by commanders as a means of punishment, rehabilitation and maintaining unit good order and discipline.

Courts-martial

A staff sergeant pled not guilty at a general



Law and Order

court-martial to one specification of marijuana distribution, a violation of Article 112a, one specification of utilizing a communication facility to wrongfully distribute marijuana, a violation of Article 112a, and one specification of conspiring to distribute marijuana with another individual, a violation of Article 112a, UCMJ. The sentence adjudged consisted of reduction to the grade of E-1, confinement for seven days and hard labor without confinement for two months.

Nonjudicial punishment
An airman basic received an Article 15 for making a false official statement, a violation of Article 107, UCMJ. Punishment consisted of a reprimand.

Administrative separation actions
A senior airman was administratively discharged for misconduct, minor disciplinary infractions, with a general service characterization.

An airman first class was administratively discharged for unsatisfactory performance, failure to meet minimum fitness standards, with an honorable service characterization.

An airman basic was administratively discharged for misconduct, drug abuse and a pattern of misconduct prejudicial to good order and discipline, with an other than honorable service characterization. This Airman was previously court-martialed for wrongful use of cocaine.

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