



Travis moves mobility mission ...

UPWARD

PAGES 14-15



Self-discipline protects what is earned

During my recent assignment at United States Central Command, MacDill Air Force Base, Florida, I would walk by Marine Corps Forces Central Command Headquarters and admire the signs posted around the campus.

The clear, unambiguous signs displaying the message “Protect What You Earned,” were strategically placed, which I presumed to be on the same basis as our Air Force core values of integrity first, service before self and excellence in all we do.

My impression was this meant each individual has an



Commentary by Lt. Col. Gregory A. Messel

349TH AIRCRAFT MAINTENANCE SQUADRON

obligation to lead by example and protect their good character. To me, “Protect What You Earned” is a method to form and protect military ideals.

When I finally looked up the basis for this motto, I discovered a campaign designed to decrease alcohol-related incidents. In turn, mitigating negative choices that decrease readiness and have a negative impact

on the Marine, their family and the community. It was coined to start conversations between Marines and Sailors to promote the development of peer support systems and responsible

Commander's Commentary

decision making processes. The correlation is that one needs to be vigilant and protect military ideals.

The military way is a long, hard road and asks extraordinary requirements of every individual. Military ideals have the intensely practical end of strengthening individuals for the better discharge of the duties which devolve upon them during daily affairs. In reading the lives of great people, I found a general theme that self-discipline came first. The Greek word for self-control comes from a root word meaning to grip or take hold

of. This word describes people who are willing to get a grip on their lives and take control of areas that will bring them success or failure. Discipline is the standard of personal behavior, work requirement, courtesy, appearance and ethical conduct which enables peak performance.

A few easy steps to develop self-discipline:

- List five areas in your life that lack discipline.
- Place them in order of your priority for conquering them.
- Take them on, one at a time.
- Spend 15 minutes each morning assessing the focus area.
- Take five minutes in the

evening to evaluate your progress.

• Celebrate your successes to push toward even greater achievements.

Remember, the path to your goals is naturally riddled with mistakes, unforeseen circumstances and miscalculated decisions. This is a natural part of life. Nobody is perfect and everybody will make mistakes. This is part of being human; we are not immune to error and we are bound to get hurt and hurt others. We have learned to cope and handle ourselves with reserve and grace that allows for a better experience when external factors can be harsh.

With great achievements comes discernment to protect what you've earned.



Commentary by Chief Master Sgt. Dajuan L. Locke

749TH AIRCRAFT MAINTENANCE SQUADRON

Stay prepared for life, deployments – be ‘O.P.’

When the phrase “Be O.P.” (short for Omnia Paratus, which means in all things prepared), was introduced to the 349th Air Mobility Wing as a charge, we had a choice to make.

Some would view Be O.P. as a catchy phrase for the wing commander to end his videos. Some might see it as a slogan to match the U.S. Marines, Semper Paratus, always faithful or always loyal. How do you view it and how can you bring personal meaning to Be O.P.? How can this statement have an impact on

Chief's Commentary

your life?

I encourage everyone to apply this statement to their careers and families.

The first area to prepare is with your family. This is an area we often think we have covered until it is time to go. What areas of your family's affairs do you handle that your spouse or partner may not be aware of? Do they know all the passwords needed for your accounts? Do they

know how to turn off the water main at the house or where the circuit breakers are located? Do they have your unit's phone numbers? Do they know who the squadron's key spouse representative is? Have you provided all the emergency and contact numbers they will need?

For my first deployment, I tried to cover every area I could think of to help my wife in my absence. Turns out, the most challenging part was preparing myself for my absence from them. During this deployment, my eldest son lost his

first tooth, my daughter learned how to ride a bike and my youngest son was not comfortable around me when I returned. What I found most helpful was talking with others about the challenges of family separation and returning from deployment. In addition, for Reserve members, please take advantage of the Yellow Ribbon opportunities available to help with deployment issues.

What is common to us as service

See **LOCKE** Page 22

KC-46 completes testing with Super Galaxy

Tech. Sgt. James Hodgman
60TH AIR MOBILITY WING PUBLIC AFFAIRS

The U.S. Air Force's newest air refueling aircraft, the KC-46A Pegasus, is undergoing a variety of tests out of Edwards Air Force Base, California.

Starting on April 29, the KC-46 conducted the first refueling test with a Travis AFB C-5M Super Galaxy. The testing is a part of a larger program to certify aerial refueling operations between the KC-46 and 22 different receiver aircraft.

Maj. Drew Bateman, 22nd Airlift Squadron, chief of standardization and evaluation and a C-5M pilot, flew the Air Force's largest aircraft for testing on April 29. He flew it again May 15.

“The April 29 sortie was the first where the KC-46 and the C-5M made contact,” Bateman said. “That was awesome to be a part of. You have a few pinch me moments in life and this was one of them for me. Not everyone gets to be a part of something like this. We were able to get two aircraft together for the first time.”

“Every test flight begins with a continuity check so the KC-46 crew ensures they can connect and disconnect safely with our aircraft,” Bateman added. “From there, we continue testing a variety of items at multiple speeds and altitudes throughout the sortie.”

One capability Bateman and his C-5M crew mates tested with the KC-46 was the ability to connect with both aircraft near max gross weight.

“For these tests, we were required to be over 800,000 pounds with cargo and fuel,” Bateman said. “Our 60th Aerial Port Squadron Airmen developed a load plan, the expeditors loaded the cargo onto the airplane and our maintainers ensured the C-5M was flyable. It's a



U.S. Air Force photo/Christian Turner

A KC-46A Pegasus out of Edwards Air Force Base, California, conducts testing with a C-5M Super Galaxy out of Travis Air Force Base, California, for the first time April 29. Travis will receive the KC-46, the Air Force's newest refueling aircraft, in 2023.

huge team effort to ensure we are mission ready. I feel like I have the smallest part of it. I just fly the airplane.”

On April 29, Master Sgt. Willie Morton, 418th Flight Test Squadron flight test boom operator, oversaw operations in the back of the KC-46 during the testing process.

“This was a once-in-a-lifetime opportunity,” Morton said. “I was a KC-10 Extender boom operator at Travis for about 13 years so going to the KC-46 and being

a part of the next step in aerial refueling is pretty awesome. I have the chance to provide input on an aircraft that will be flying missions for many years.”

To complete refueling with the KC-46, boom operators must use a series of cameras that project a 3D image on a screen. These refueling experts then use that image to carefully guide aircraft into position, Morton said.

“We are testing capabilities at low altitudes, high speeds, high altitudes and

high speeds, as well as heavy and light gross weights so we know how the aircraft will respond,” he said. “We have to find the optimal speed the C-5M can fly at to support refueling. We are also doing our best to ensure the mechanical compatibility of the KC-46 and C-5M.”

According to Lt. Col. Zack Schaffer, 418th FLTS KC-46 Integrated Test Force director, the testing is a joint

See **KC-46** Page 26

Tailwind

Travis AFB, Calif. | 60th Air Mobility Wing

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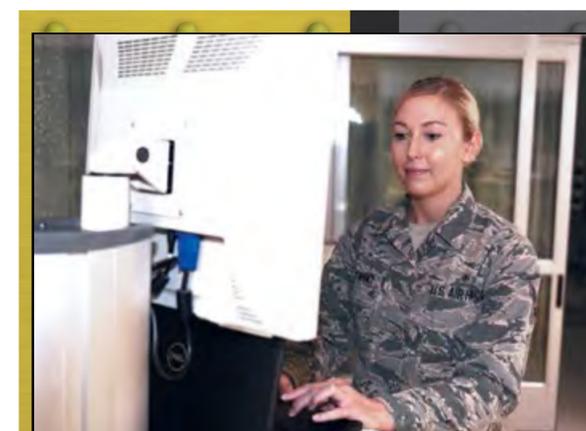
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On the cover

Senior Airman Tianda King, 860th Aircraft Maintenance Squadron inspection team member, performs an inspection on a C-17 Globemaster III engine June 3 at Travis Air Force Base, California.

U.S. Air Force photo/Tech. Sgt. James Hodgman



U.S. Air Force photo

WARRIOR OF THE WEEK

Name: Airman 1st Class Rachael Tuczynski.	Duty title: Critical care technician.	Family: None.	What are your hobbies? Hiking, running, hunting, fishing and traveling.
Unit: 60th Inpatient Squadron.	Hometown: Kinderhook, New York.	What are your goals? Earn a degree and become a sonography technician.	What is your greatest achievement? Joining the Air Force.
	Time in service: Two years.		

Month focuses on men's health

TRICARE.mil Staff

Men, are you taking command of your health? Taking command of your health means making positive decisions each day that contribute to your overall physical and mental wellness.

Men's Health Month is a great time to focus on taking preventive steps and making small changes to your lifestyle. You can start by getting familiar with the preventive services that TRICARE covers and health issues that more frequently affect men.

According to the Centers for Disease Control and Prevention, the leading cause of death among men in the U.S. is heart disease. Some of the factors that lead to heart disease and stroke are preventable, especially with early detection and timely treatment.

Here are a few tips for men to get and stay healthy, happy, and strong:

- Visit your doctor: Make an appointment. A yearly Health Promotion and Disease Prevention Examination is covered if enrolled in TRICARE Prime or TRICARE Select. TRICARE covers clinical preventive screenings. Your doctor can help you decide what tests you need based on your age and risk factors. Some important health tests for men include:

- Blood pressure and cardiovascular screenings.

- Colorectal, prostate, testicular and skin cancer exams.

- Develop a good relationship with your provider: During your visits, be honest about your health concerns. Open communication can prevent misdiagnoses and unnecessary tests. Use these tips for talking to your doctor from the

See MONTH Page 17



Courtesy photo

A-10 Thunderbolt aircraft line up on the tarmac prior to taking off for Red Flag Alaska 19-2. RF-A is a large-scale exercise headquartered at Eielson Air Force Base, Alaska. The exercise began June 6 and is scheduled to continue through June 21.

KC-10s escort A-10s, F-16s

60th Air Mobility Wing
Public Affairs

Airmen and aircraft from the 60th Air Mobility Wing escorted other U.S. Air Force assets from Japan to Alaska ahead of Red Flag-Alaska 19-2, which began June 6.

Red Flag-Alaska, a large-scale field training exercise headquartered at Eielson Air Force Base, Alaska, is designed to provide participants with realistic combat

experience in a controlled environment.

Members of the Republic of Korea Air Force, the Japan Air Self-Defense Force, and the Royal Thai Air Force will train alongside their U.S. counterparts temporarily stationed at Eielson and Joint Base Elmendorf-Richardson, Alaska, enabling all involved to share tactics, techniques, and procedures and improve bilateral integration.

Several KC-10 Extenders from Travis conducted a

coronet mission to get some of the participants there a few days before the start of the exercise.

"We commonly refer to coronets as fighter drags due to the fact that we have the fighters flying with us and we refuel them in air," said Tech. Sgt. Matthew Smith, 660th Aircraft Maintenance Squadron flying crew chief. "The fighters do not have the ranged needed to fly across the Pacific Ocean without refueling."

Smith was a part of two KC-10 missions: the first supported four U.S. Air Force A-10 Thunderbolts from Japan to Alaska and the second supported five F-16 Falcons.

Altogether, there were three Travis KC-10s from both the 6th and the 9th Air Refueling Squadrons working together to get 14 to 16 A-10s and 14 to 16 F-16s to Red Flag.

The exercise is scheduled to continue through June 21.

DGMC hosts research symposium June 17

Merrie Schilter-Lowe

60TH AIR MOBILITY WING PUBLIC AFFAIRS

Measles were eliminated in the United States in 2000. However, since January, more than 700 cases of measles have been reported, according to the Centers for Disease Control and Prevention.

Active-duty members, health care workers and international travelers who visit areas where the disease has not been eliminated may be at risk of developing measles and complications from it. But should everyone whose

immunization records are not available be vaccinated as a precaution, or is it more cost effective to perform a blood test first to determine immunity?

That's one of the questions that will be answered at the seventh annual 60th Medical Group Clinical Research Symposium from 10 a.m. to 12:30 p.m. June 17 at David Grant USAF Medical Center dining hall patio.

Resident pharmacists and physicians will present the results of research projects conducted at DGMC to improve medical care not only in the Air Force, but the Department of Defense and the nation.

"The symposium allows residents to prepare for national conferences as well as focus on areas in medicine that benefit young, healthy adults," said Dr. Bradley Williams, 60th MDG clinical research administrator. "Several of these presentations will be published and lead to national changes in medical practice.

For example, the research on energy drinks has resulted in recommendations that people with high blood pressure not consume them, said Williams.

"People with congenital heart conditions or long QT syndrome (a condition that can cause erratic heart rhythm)

should limit or monitor their consumption," he said.

Presentations June 17 will cover topics such as screening for obstructive sleep apnea in young adults, how evacuation time after combat injury affects the development of post-traumatic stress disorder, the long-term risk of opioid abuse after combat injury and the impact of an efficient online and in-person running training program on military members.

Additionally, a new study will be announced: reducing health-risking

See SYMPOSIUM Page 18

Surgeons perform first-of-its-kind transplant

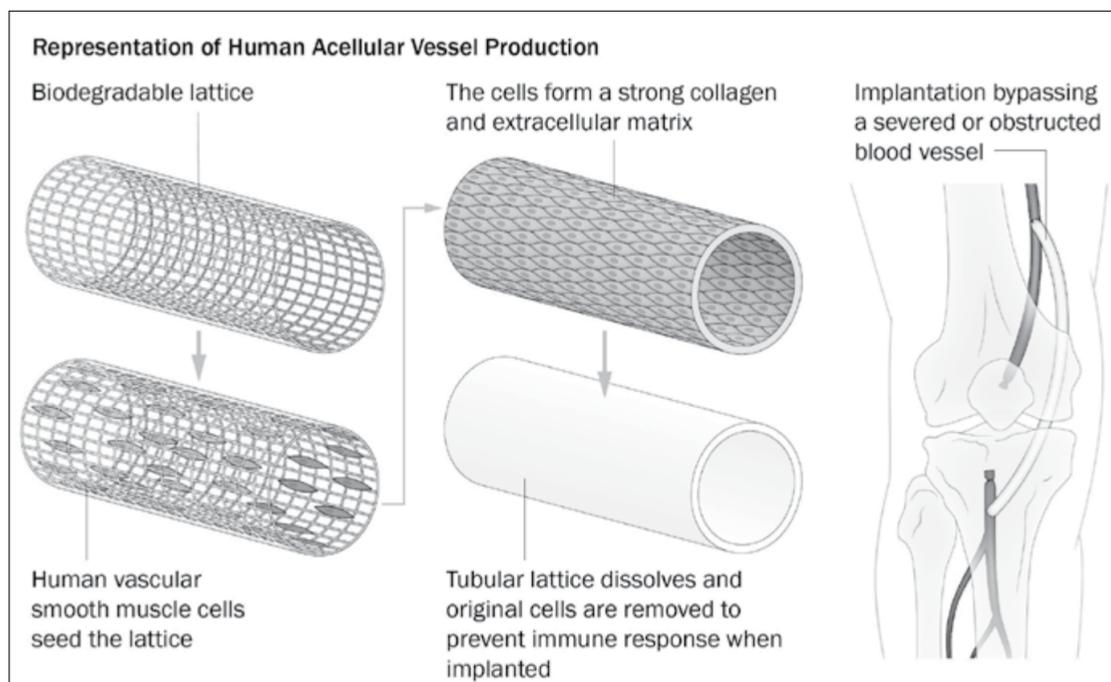
Sarah Marshall

UNIFORMED SERVICES UNIVERSITY

An Army veteran in danger of losing his leg from vascular disease has become the first patient in the Military Health System to undergo transplantation of a new type of bioengineered blood vessel thanks to surgeons from the Uniformed Services University of the Health Sciences and Walter Reed National Military Medical Center.

Air Force Col. (Dr.) Todd Rasmussen, professor of Surgery and associate dean for Clinical Research at USU, performed the surgery at Walter Reed-Bethesda this month after getting approval for use of an investigational product called the Human Acellular Vessel, or HAV, developed by Humacyte, Inc.

"Military surgeons have been following and researching this technology for a number of years as potentially a new way to repair blood vessel injury on the battlefield. We are excited to see the product come to fruition, and for our team to gain real-world experience with it in the operating room at Walter Reed. Our ability to use this product to save this patient's leg is a credit to a partnership that included



USU medical illustration/Sofia Echelmeyer

Development of the Human Acellular Vessel starts by taking living cells from a human blood vessel and placing them onto a tube-shaped frame. These vascular cells are kept alive in an organ chamber, growing around the tube-shaped lattice. Over time, the lattice that was used to seed the original vascular cells dissolves, and scientists remove the original cells so the new vessel doesn't cause an immune response when it's implanted. What is left is a solid, tubular structure made of human vascular material that looks and acts like a blood vessel, thus, the bioengineered and newly grown blood vessel.

the military's medical research program, Humacyte, and a forward-leaning approach by the Food and

Drug Administration."

The rate of vascular injury during the wars in Iraq and Afghanistan was higher

than that reported during previous wars, and faced with this challenge, the Department of Defense was in

search of an off-the-shelf biologic conduit that could be used to save the limbs of

See TRANSPLANT Page 18

Air Force Recruiting sets pace at Indy 500

Master Sgt. Chance Babin
AIR FORCE RECRUITING SERVICE
PUBLIC AFFAIRS

INDIANAPOLIS – The Air Force brand was on full display at the Indianapolis 500 auto race, May 26, as Air Force Recruiting sponsored the No. 25 car driven by Conor Daly, and was an associate sponsor for the Andretti Autosport team and its four drivers, including Alexander Rossi, who finished second in the race.

More than 300,000 people were in attendance at “the greatest spectacle in racing” and another 5.4 million watched the race on NBC. The event was the most streamed Indy car race ever on the network.

“We’re really happy to welcome the Air Force to the Andretti family for the Indy 500 with Conor and a full season across all our cars,” said Michael Andretti, Andretti Autosport chairman and chief executive officer. “Having five American drivers represent the team at America’s biggest race was very special and we’re honored to have the opportunity to pay tribute to the brave men and women of the U.S. Air Force. Having the Air Force with us, not just at Indy, but full season makes us very proud.”

This is the second year in a row Daly has represented the Air Force. Last year he raced for Thom Burns Racing in the Indy

See **INDY 500** Page 19

Honorary commanders tour ops group

Honorary commanders watch as Flight Safety Services Corporation members simulate loading cargo on a KC-10 Extender June 7 at Travis Air Force Base, California.

U.S. Air Force photo/Airman 1st Class Cameron Otte



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Hill AFB Airmen bring F-35A to defense exercise

Micah Garbarino

388TH FIGHTER WING PUBLIC AFFAIRS

AVIANO AIR BASE, Italy — Airmen deployed from the active duty 388th and Reserve 419th Fighter Wings at Hill Air Force Base, Utah, recently wrapped up the F-35A Lightning II's first participation in a large, European air-and-missile defense exercise.

The focus of the multinational exercise, Astral Knight 2019, was to defend several key areas of terrain from cruise-missile and aircraft strikes. During the exercise, U.S. military forces worked closely with coalition forces from Croatia, Italy and Slovenia at various locations across Europe, carrying out operational and cyber scenarios.

From June 3-6, Hill AFB's

421st Fighter Squadron flew eight sorties per day and met all of their frontline requirements.

"It's hard to appreciate the challenges if you've never been in an exercise like this before. We're bridging commands, services, countries and continents," said Lt. Col. Richard Orzechowski, 421st Fighter Squadron commander. "We have some really smart, dedicated problem-solvers who helped us overcome the early hurdles that are going to be present at the start of any conflict or large, integrated exercise."

Strategists say that integration, a key theme of exercise Astral Knight, will be essential in any future war and one of the main technological design

features of the F-35A is interoperability.

"It's truly rewarding to see that we can leverage all the capabilities of the F-35A, which we have all been working toward," said Lt. Col. Brad Klemesrud, 419th Operations Group deputy commander. "In an exercise this large and complex, you get the opportunity to see how theory meets reality and put into practice what's only been on paper."

For the first time, U.S. Air Force F-35As integrated operationally with Italian Air Force F-35As and communicated with each other over the Multifunction Advanced Data Link, a system unique to the platform.

"Bringing together multiple nations for an exercise of this scope is crucial," said Lt. Gen. Steven Basham, U.S. Air Forces Europe and Air Forces Africa deputy commander. "It is vital that we continue to expand our capability to operate with each other and integrate fifth-generation assets, like the F-35."

Hill's F-35As also flew alongside Air Force F-16 Fighting Falcons, KC-135 Stratotankers, E-3 Sentry Airborne Warning and Control aircraft and B-52 Stratofortress. They also flew with coalition



U.S. Air Force photo/Tech. Sgt. Jim Araoz

An F-35A Lightning II fighter jet from the 388th Fighter Wing at Hill Air Force Base, Utah, takes off June 3 during exercise Astral Knight 2019 at Aviano Air Base, Italy.

Eurofighter Typhoons and Mig 21s and integrated with European-based U.S. Army missile-defense systems.

"The F-35's sensors provide unmatched situational awareness of the battlespace," Orzechowski said. "Both us and the Italian F-35s are able to share all of that information with other aircraft in the formation, with ground-based missile systems and we make everyone more lethal and survivable. The scenarios we saw really demanded that capability."

The 421st FS is the newest fighter squadron in the Air Force to stand up the F-35A. They received their first aircraft less than 6 months ago. Planning and moving a dozen aircraft, hundreds of Airmen, and hundreds of thousands of pounds of equipment is a testament to the drive and training of Hill AFB's fighter wings, said Col. Michael Miles, 388th Maintenance Group commander.

"The F-35 is a challenging aircraft to pick up and move

See EXERCISE Page 12

Heritage flight in Virginia honors D-Day

Senior Airman Tristan Biese

633RD AIR BASE WING PUBLIC AFFAIRS

JOINT BASE LANGLEY-EUSTIS, Va. — The U.S. Air Force Heritage Flight team conducted a flyover in honor of the 75th anniversary of D-Day and the last celebration June 6 at the National D-Day Memorial in Bedford, Virginia.

The four-ship formation included Maj. Paul Lopez, F-22 Raptor Demonstration Team pilot, Maj. Garret Schmitz, F-16 Viper Demonstration Team pilot, Capt. Andrew Olson, F-35 Lightning II Demonstration Team pilot and Andrew McKenna, Air Force Heritage Flight Foundation P-51 Mustang pilot.

"The Heritage Flight team gives people the chance to see a visual representation of Air Force air power," Lopez said. "It shows the past, present and future in the aircraft that we fly. Flying in formation with the

P-51 over Bedford is an honor to those who came before us and it's truly humbling."

During the flyover, the team performed the missing man formation. This formation is an aerial salute performed by aircraft at funerals or memorial events, typically in memory of a fallen pilot, a well-known military service member or veteran, or a well-known political figure.

"To be able to represent the Air Force and all the men and women of the Air Force is an incredible honor," Olson said. "Thank you to all those that gave their lives on D-Day 75 years ago and the surviving members who are still out there. We hope to make you proud."

By showcasing the Airmen and combat advances made by the United States Air Force, the Heritage Flight team aims to educate and inform the American public on what the Air Force of tomorrow has to offer.



U.S. Air Force photo/Senior Airman Tristan Biese

Capt. Andrew Olson, F-35 Lightning II Demonstration Team pilot, prepares for takeoff June 6 at Joint Base Langley-Eustis, Virginia.

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Offutt firefighters train with Czech air force



Ryan Hoffman, Offutt Air Force Base, Nebraska, fire station chief, leads a group of firefighters from the Czech Republic air force, 155th Air Refueling Wing, Nebraska Air National Guard and the Offutt fire department while instructing them on how to extinguish a fire on a RC-135 aircraft during a live fire training exercise June 5 at Offutt.

Charles J. Haymond
55TH WING PUBLIC AFFAIRS

OFFUTT AIR FORCE BASE, Neb. — Firefighters from the Czech Republic air force, the 155th Air Refueling Wing of the Nebraska Air National Guard and the 55th Civil Engineer Squadron fire department participated in live fire training June 5 at Offutt Air Force Base, Nebraska's fire pit.

Firefighters from Offutt AFB are required to train twice a year using the fire pit and structural burning.

"Firefighters face a multitude of high-hazard, challenging scenarios. Heat, fatigue and low visibility, to name just a few," said David Eblin, Offutt Air Force Base fire chief. "Training in a controlled environment allows firefighters to safely fight actual fires to prepare them for real-world events."

Although this is required training for the firefighters, this exercise was a little unique. This time the fire department

was hosting firefighters from the Czech Republic.

The Nebraska Air National Guard works in association with the Czech Republic through the State Partnership Program. Each participating guard unit has a brother or sister unit assigned to them. The SPP has been around for 25 years and now includes 76 partnerships with 81 nations. The Nebraska ANG has future plans for an additional partnership with Rwanda.

This is the second year the Nebraska ANG and the Czech Republic have participated in the SPP. The first year, the Guard went to the Czech Republic. While strengthening their relationship with the Czech Republic air force firefighters, they also were able to learn more about the Czech's culture and tour their country.

"Every year, or every other year or so, we will be invited to go to their country," said Master Sgt. Rene Arriola, 155th ARW fire chief. "They provide

See CZECH Page 23

Wing wraps up exercise in Sweden

Lt. Col. Jim St. Clair

169TH FIGHTER WING PUBLIC AFFAIRS

KALLAX AIR BASE, Sweden — U.S. Airmen, equipment and F-16CJ Fighting Falcon aircraft assigned to the South Carolina Air National Guard's 169th Fighter Wing successfully finished the three-week Arctic Challenge Exercise 19.

ACE 19 is a biennial Nordic aviation exercise that serves to amplify scenario-based defensive training and interaction between countries across northern Europe.

"Training exercises like ACE 19 are critical because this region is full of potential adversaries with a robust air threat. And the way that threat will be dealt with is by all the partner nations coming together. Interoperability is what we sought to work on and grow," said Col. Akshai Gandhi, 169th Fighter Wing commander.

The South Carolina Air National Guard deployed nearly 200 Airmen and a dozen F-16s from McEntire Joint National Guard Base to Sweden. During the exercise, U.S. forces trained with eight militaries from Sweden, Norway, Finland, Denmark, France, Germany, the Netherlands and the United Kingdom.

In addition to the South Carolina Air National Guard forces at Kallax Air Base, the Massachusetts Air National Guard's 104th Fighter Wing sent Airmen and F-15C Eagle aircraft to Bodø, Norway. The Iowa Air National Guard's 185th Air Refueling Wing and the New Jersey Air National Guard's 108th Wing deployed Airmen and KC-135 Stratotanker aircraft to Orland, Norway. Lastly, the U.S. Marine Corps sent Marines and F/A-18 Hornet aircraft from the 2nd Marine Aircraft Wing to

See SWEDEN Page 18

AMLO brings expertise to fight in Syria



United States military members work alongside host nation forces in March ensuring safe airfield operations on a dirt runway in Syria.

Tech. Sgt. Luther Mitchell
621ST CONTINGENCY RESPONSE WING
PUBLIC AFFAIRS

JOINT BASE MC-GUIRE-DIX-LAKEHURST, N.J. — Thousands of miles from home, Airmen from the 621st Contingency Response Wing work day and night around the globe to establish a runway to support supplies and passengers.

Operating under some of the most austere conditions, Air Mobility Liaison Officers from the 621st Mobility Support Operations Squadron are strategically placed to train, advise and educate joint forces on every facet of mobility support operations.

An AMLO from the 621st MSOS, aligned with the 82nd Airborne Division, recently found himself in Syria working to provide expertise in multiple areas and maintain a runway under harsh conditions.

Maj. Thomas Weber, 621st MSOS AMLO, spent the last four months working in the Middle East with

a mix of joint and host nation forces ensuring safe airfield operations for Air Mobility forces.

"It was uncomfortable at times, especially since the base was closing," Weber said. "Things like no dining facility, light discipline and an outdoor gym with cement weights take some getting used to."

Weber's mission consisted of day and night operations to train military members to perform dirt runway inspection, communicating with aircraft in flight, reporting and forecasting weather conditions, marshalling aircraft and setting up mission-specific dirt runway lights.

"Our mission was to turn a small, dirt runway into a field capable of moving a million pounds of cargo, thousands of passengers and some Islamic State group detainees," Weber said. "Doing this safely is the hard part since most of the flights are in complete darkness and many personnel are working

See AMLO Page 22

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Best with what they've got: New life for old parts



U.S. Air Force photo/Senior Airman Tessa B. Corrick

Tech. Sgt. Dylan Drake, middle, 372nd Training Squadron Field Training Detachment 5 crew chief instructor, speaks to his students during a crew chief course June 4 at Barksdale Air Force Base, Louisiana. The only two FTDs to train B-52H Stratofortress maintainers are located at Barksdale AFB and Minot AFB, North Dakota.

Senior Airman Tessa B. Corrick
2ND BOMB WING PUBLIC AFFAIRS

BARKSDALE AIR FORCE BASE, La. — Just like every other aircraft, parts on a B-52H Stratofortress age, get damaged and become unserviceable.

One detachment at Barksdale Air Force Base has developed a way to take those unusable parts and create hands-on training opportunities for maintainers.

“Normally, we have to coordinate with the maintenance squadron to find an aircraft that’s not being flown or worked on and ask if we can get a block of time to go out and perform training tasks,” said Master Sgt. Michael Farrar, 372nd Training Squadron Field Training Detachment 5 superintendent. “Training is important and everyone understands that, but you have actual missions being completed out there on the flight line. So, there is always a

chance for us to be in the way or even not being able to get the aircraft to do our training and that is where the unserviceable parts come in.”

By utilizing aged or operationally condemned parts, the Air Education Training Command detachment assembles trainers that allow for a safe and focused environment for their Airmen to learn in.

For example, the detachment has a functioning landing gear trainer, which allows them to show maintainers step-by-step how to complete tasks such as replacing hydraulic fluid or change a tire without the worries of damaging operational aircraft, outside distractions or the fast-paced actions being conducted on the flight line.

“We want to provide effective training, so if using an operational aircraft is better, we would certainly like to do that over a trainer,” said Tech. Sgt.

See **OLD PARTS** Page 17

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Exercise

From Page 8

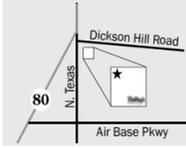
because of the amount of equipment fifth-generation maintenance requires,” Miles said. “But, with our Airmen, we have everything we need to accomplish the mission on a daily basis. We met all our sortie requirements and flying objectives for the exercise. This experience will allow our younger Airmen to see how we put a whole deployment together and will make them stronger, particularly as we move forward with combat operations in the F-35.”

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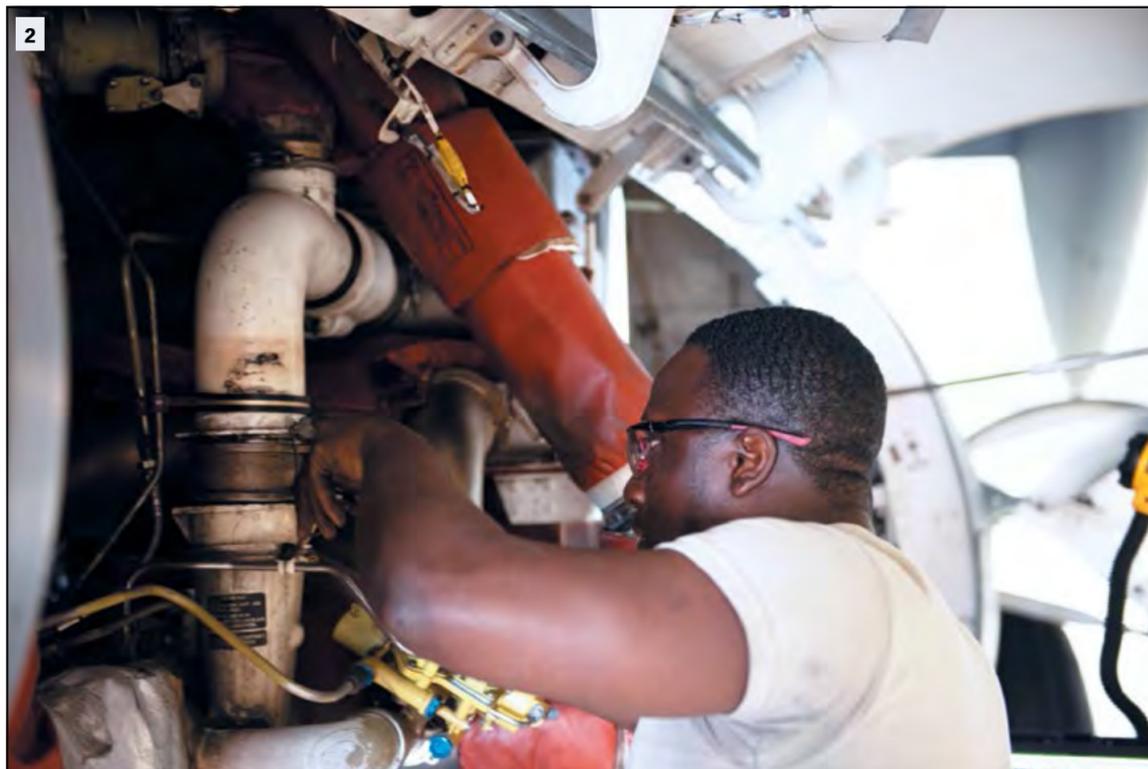
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Travis supports JBLM, March to boost mobility

1) Senior Airman Kayla Laprade, 62nd Maintenance Squadron nondestructive inspection journeyman, reviews technical orders June 3 at Travis Air Force Base, California, prior to the inspection of the ram air inlet of a C-17 Globemaster III assigned to Joint Base Lewis-McChord, Washington. In February, JBLM sent its entire C-17 fleet to Travis to complete required maintenance and inspections. 2) Airman 1st Class Leonard Howell, 62nd MXS electrical environmental apprentice, performs maintenance on the cooling system of a C-17 Globemaster III June 3 at Travis. 3) Howell performs maintenance on the cooling system of a C-17 Globemaster III June 3 at Travis. 4) Airmen assigned to the 860th Aircraft Maintenance Squadron inspect a C-17 Globemaster III June 3 at Travis. 5) Airmen assigned to the 860th AMXS inspect a C-17 Globemaster III June 3 at Travis.



Story and photos by Tech. Sgt. James Hodgman

60TH AIR MOBILITY WING PUBLIC AFFAIRS

Rapid global mobility is the ability to deliver on demand to any location on Earth. At Travis Air Force Base, California, home to the largest air mobility wing in the U.S. Air Force, Airmen in the 860th Aircraft Maintenance Squadron pride themselves on helping ensure Air Mobility Command can deliver American power anytime, anywhere.

In February, the unit's maintainers welcomed 18 C-17 Globemaster III aircraft from Joint Base Lewis-McChord, Washington. Over the course of the next four months there were three C-17s from JBLM at Travis AFB at any given time, along with approximately 100 maintainers from the 62nd Maintenance Squadron, while JBLM completed a nearly 100-day construction project on its runway.

The C-17s flew to Travis to complete home-station checks, required assessments performed at periodic intervals to ensure the aircraft are air worthy. Travis also hosted four C-17s from March Air Reserve Base near Riverside, California, in April, so the aircraft could complete required modifications.

"This is a perfect example of three complex, highly talented and elite organizations making the mission happen," said 1st Lt. Krista Kelly, 860th AMXS aircraft maintenance unit officer in charge. "Our synergy has been the shining example of flexibility and determination."

Master Sgt. Damon Thurman, 860th AMXS inspection section chief, and other unit leadership coordinated hangar space and a wash rack schedule, along with work and rest cycles to ensure the needs of JBLM and March were met.

"I mapped out the maintenance schedule for our aircraft for the entire year before JBLM or March's C-17s arrived," Thurman said. "When we found out JBLM and March jets would be coming here, we had to re-work the maintenance schedule to accommodate everyone. Finding

space to ensure each aircraft is properly maintained can be quite a challenge."

"JBLM also used March ARB as a staging location for their C-17s as they waited to complete their inspections," Thurman said. "This enabled us to have the space needed to complete the inspections at Travis. Over the past three plus months, we have helped complete 18 home-station checks."

A home-station check consists of in-depth maintenance that goes beyond standard flight line maintenance.

"We look at all aircraft systems, as well as the wear and tear the aircraft may have experienced that isn't visible without performing an in-depth inspection," Thurman said. "This can lead to the resurfacing of engines, changing tires and inspecting all the panels on the aircraft."

"We look at tires to make sure they are still good and the brakes to ensure they are safe," said Staff Sgt. Courtney Schomaker, 860th AMXS inspection section craftsman. "If there's any concern, we replace the brakes, the tires or anything else we need to. We also ensure the wings are greased well enough so the pilots can complete their pre-flight inspections and all the controls move as they should."

The staff sergeant said her team has helped their counterparts from the 62nd MXS when needed.

"Our team has helped the 62nd maintainers with tools or extra hands whenever we were asked," she said. "I helped inspect the pitot tubes on one aircraft, which are tubes that track air data and temperature in flight. I helped ensure they were getting the proper air flow so nothing goes wrong."

Having such a strong impact on the mobility mission means a lot to her, Schomaker said.

"What we do is very rewarding," she said. "Not a lot of people know about aircraft maintenance. They just see an aircraft in the air and they may not realize how much hard work and time it took to ensure that aircraft can fly. When I see a C-17 in the air, I feel proud because I helped put that aircraft in the air. I helped

ensure that crew is safe and they can return to their family. That's very fulfilling."

While Travis has supported JBLM and March C-17s for slightly more than three months, Thurman said, all three bases have benefited from working together.

"We've been able to develop stronger working relationships between us so if we have an issue with one of our jets, I can reach out to them and see if they've experienced the same issue," he said. "This opportunity has also benefited Travis and JBLM as we have been able to take advantage of additional training opportunities. The relationship between Travis and March is stronger as well as we have to coordinate maintenance actions with one another on a regular basis."

The final JBLM HSC was completed June 6 at Travis, while the modifications for March aircraft are ongoing.

"March will also send two more C-17s to Travis to complete modifications before the end of June," said Maj. Kelly Womble, 860th AMXS maintenance operations officer. "These modifications will ensure compliance with federal regulations."

Thanks in part to the 860th AMXS, both bases missions will continue without missing a beat, Thurman said.

"It's been a pretty neat experience showing that we can take care of Joint Base Lewis-McChord's jets and coordinate maintenance requirements with March," Thurman said. "We are doing all we can to ensure rapid global mobility."

Kelly added that collaborative efforts like this will be a benchmark across the command.

"I witness the boundaries we can push when necessary and that my team is always ready to raise their right hand and say, 'send me, I have an idea,'" she said. "This challenged us, no doubt, but the integration within AMC is what makes us such a mobile, war-fighting machine. Partnerships like this will become the standard in the future and will only make us stronger as an Air Force and as a nation."



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Puzzles

STR8TS

No. 442 Medium

			3						7	1		
	1	4										
	8											
	5			7								
6		8			3							
				1		5						
4		6										8
					3					9	7	

Previous solution - Easy

2	3			8	6	7						
3	4	5	2	6	7	9	8					
2	3	4	6	5	9	8	7					
8	9	7	3	4	5	6						
5	8	6	7	3	4	2						
7	6	1	5	4	3	2						
8	7	6	5	2	1	3	4					
6	7	9	8	4	2	3						

How to beat **Str8ts** – Like Sudoku, no single number can repeat in any row or column. But... rows and columns are divided by black squares into **compartments**. These need to be filled in with numbers that complete a 'straight'. A **straight** is a set of numbers with no gaps but can be in any order, eg [4,2,3,5]. Clues in black cells remove that number as an option in that row and column, and are not part of any straight. Glance at the solution to see how 'straights' are formed.

You can find more help, tips and hints at www.str8ts.com

SUDOKU

No. 442 Very Hard

		6	4	2				5				
	7								3			
		8				6						
7					2							
			5	3	7							
			8									9
		9				1						
	8						2					
3					9	1	5			7		

Previous solution - Tough

5	7	1	6	8	9	2	3	4				
3	4	2	7	1	5	6	8	9				
6	9	8	2	4	3	1	7	5				
9	3	6	8	5	2	4	1	7				
4	2	5	3	7	1	9	6	8				
8	1	7	4	9	6	3	5	2				
1	8	9	5	3	4	7	2	6				
7	6	4	1	2	8	5	9	3				
2	5	3	9	6	7	8	4	1				

To complete Sudoku, fill the board by entering numbers 1 to 9 such that each row, column and 3x3 box contains every number uniquely.

For many strategies, hints and tips, visit www.sudokuwiki.org

If you like Str8ts, Sudoku and other puzzles, check out our books, iPhone/iPad Apps and much more on our store at www.str8ts.com

The solutions will be published here in the next issue.

Retiree Corner

\$223M generated for quality-of-life programs

DALLAS — Every time service members, retirees, veterans and military families shop the Army & Air Force Exchange Service, they help make their community stronger. In 2018, Exchange shoppers generated \$223 million for on-installation community programs.

All Exchange earnings are invested in the military community, with 60 percent

going to dividends supporting quality-of-life programs, and the remaining 40 percent used to improve the experience in stores and at ShopMyExchange.com.

Over the past 10 years, Exchange shoppers have contributed \$2.5 billion to support Army Child Development Centers and fitness centers, Air Force Outdoor Recreation and other programs that strengthen the services' recruiting, retention and readiness efforts.

— Air Force News Service

Chapel programs

Recurring events

Catholic

Twin Peaks Chapel

- Roman Catholic Mass: 9 a.m. and noon Sunday.
- Children's Church: 10:15 a.m. Sunday.
- Sacrament of Reconciliation/Confession: 4:30 to 5:30 p.m. Wednesday or upon appointment.
- Infant Baptism Prep Class: Two classes. Registration required. 6 to 7 p.m., quarterly.
- Youth Choir: 1 p.m. Sunday.
- Children's Choir: 2 p.m. Sunday.
- Adult Choir: 4 p.m. Sunday.
- Women's Bible Study: 10 a.m. (at First Street Chapel).
- Catholic Women of the Chapel: 6 p.m. first Monday of every month, Annex.
- Rite of Christian Initiation of Adults: 6 to 7:30 p.m. Wednesday, Annex.
- RE Classes: 10:15 to 11:30 a.m. Sunday, RE Wing.

First Street Chapel

- Mom's Group: 9 to 11:30 a.m. Thursday and Friday.
- Roman Catholic Mass: Noon to 12:35 p.m. Monday through Thursday, except for federal holidays.
- The Church of Jesus Christ of Latter-day Saints
- Sacrament services: 9 and noon Sunday at Church of Jesus Christ of Latter-day Saints Fairfield Stake Center, 2700 Camrose Ave., Fairfield.
- DGMC Chapel
- Latter-day Saints Service: 4 to 4:30 p.m. Sunday at DGMC Medical Center Chapel.
- For all other inquiries, call LDS Military relations representatives at 707-535-6979.
- Protestant
- Protestant Community Service: 9:30 to 10:30 a.m. Sunday.
- Gospel Worship Service: 11:30 a.m. to 12:30 p.m. Sunday.
- Children's Ministry is provided for 6-month-olds through fifth grade.
- Protestant Men of the Chapel: 8 to 9 a.m., first Saturday of every month.
- Twin Peaks Chapel
- Protestant Women of the Chapel: 9:30 to 11 a.m. Tuesday.
- DGMC Chapel
- Protestant Traditional Service: 10 to 11 a.m. Sunday.
- Airmen's Ministry Center
- The Peak is open from 5:30 p.m. to 9 p.m. Monday through Friday at Bldg. 1348. Home-cooked meal from 6:30 p.m. to 7:30 p.m. Tuesdays followed by Bible study.



For more information about chapel programs, call Twin Peaks Chapel at 707-424-3217.

In the next week ...

fri Harbor Arts Center. United States Air Force Band of the Golden West Concert Band, 7 p.m. June 14; Harbor Theatre, 720 Main St. Suisun City. www.suisunharbortheater.org.

Recurring

Air Force Office of Special Investigations.

To report a crime, get a foreign travel brief or request information on joining AFOSI, report to Bldg. 380B, second floor. Send correspondence to AFOSI Detachment 303, 510 Airlift CR, Travis AFB, 94535. For more information, call 707-424-3115 or DSN: 837-3115.

Air Force Recruiting Office.

Now open at the Solano Town Center mall. Learn more about what the Air Force has to offer, such as up to 100-percent tuition assistance, 30 days paid vacation per year, free medical and dental care, tax-free housing and food allowance and much more. Contact Tech. Sgt. George Yardley at 707-889-3088 or stop by the office located at 1350 Travis Blvd., Suite P2, Fairfield, in the Solano mall.

Air Force Sergeants Association "Walter E. Scott" Chapter 1320.

General membership meetings are at 2 p.m. on the second Friday of each month at Wingman's in the Delta Breeze Club and include a free breakfast. For more information, contact Master Sgt. Reynoldo Rios or Master Sgt. Rosel Agapay.

Airmen's Attic.

The Airmen's Attic is open from 10 a.m. to 2 p.m. Tuesday and Thursday and 4 to 6 p.m. Wednesday. 560 Hickam Ave. For more information, call 707-424-8740 or visit the Facebook page "The Attic at Travis AFB."

Alzheimer's Caregiver Support Group.

Meetings take place from 1 to 2:30 p.m. the third Thursday of the month in the diabetic education classroom on the first floor in Internal Medicine at David Grant USAF Medical Center. For more information, call 707-423-7227.

Base emergency numbers.

Mobile phone users must dial 707-424-4911 if they have an emergency on base. Those using government or home phones can call 911. For more information, call the Travis Air Force Base Fire Prevention Office at 707-424-3683.

Base illicit discharge number.

To report sewage/water leaks or illegal dumping, call 707-424-2575. For hazardous chemical/material spills, call the base emergency numbers.

Civilian Health Promotion Services.

Will perform free wellness screenings from 7:30 to 9:30 a.m. every Monday for all DoD federal civilians. Screenings include cholesterol, glucose, blood pressure and body composition analysis. For more information, visit www.AFMCWELLNESS.com or contact CHPS at 707-424-CHPS or CHPS/Travis@fwh.hhs.gov.

Crisis text line.

Free, confidential, 24/7 counseling for teens and young adults. Text 741-741 anywhere in the United States and a live, trained crisis counselor responds quickly.

Employee-Vehicle Certification and Reporting System.

Civilian and military

personnel must maintain emissions information with the Web-based ECARS system. For more information, call Xuyen Lieu at 707-424-5103.

Exceptional Family Member Group Sensory Play Group.

This group meets from 4 to 4 p.m. the second and fourth Wednesdays at the Balfour Beatty Community Center. For more information, call 707-424-4342 or visit the Facebook page "EFMP Travis AFB."

Family Advocacy Parent/Child play groups.

Toddlers to the Max play group for children ages 1 to 3 meets from 9:30 to 11 a.m. Wednesdays at the First Street Chapel Annex. The Rattles to Raspberries play group for infants 8 weeks to 1 year meets 9:30 to 11 a.m. Thursdays at the First Street Chapel Annex. For more information, call 707-423-5168.

Family and Friends Combat Stress Peer Support Group.

Meets from noon to 1 p.m. the first Tuesday of every month at the Balfour Beatty Community Center and from 1 to 2 p.m. the third Thursday of each month at The Peak. For more information, contact Amber Quirate and Jessica Soto at 501-231-7756 or email travspcombatpds@gmail.com.

Government no-fee passports.

All submissions of applications for government no-fee passports must now include: 1) A photocopy of Military Identification Card front and back; 2) Passport photo taken in the past six months; 3) Supporting document(s), proof of U.S. citizenship certified copy with state or county seal, if it involved a name change submit a court order or marriage certificate. Passport application cannot be handwritten and printed back to back and must be completed online with 2D barcode at website <https://pfpform.state.gov> and/or <https://travel.state.gov>. For more information, call 707-424-5324.

Hometown News Releases.

To submit a Hometown News Release, visit <https://jhns.release.dma.mil/public> and fill out the information.

Mare Island Museum.

Open 10 a.m. to 2 p.m. Monday through Friday and 10 a.m. to 4 p.m. Saturdays. 1100 Railroad Ave. in Vallejo. For more information, call 707-557-4646.

M-50 Gas Mask Fit Testing.

Takes place from 9 a.m. to 3 p.m. every Wednesday at Bldg. 791. All deployers are fit as necessary. For more information, call 707-424-2689.

Mitchell Memorial Library.

Open 9 a.m. to 7 p.m. Monday through Thursday, 9 a.m. to 5 p.m. Friday, 10 a.m. to 5 p.m. Saturday and closed Sunday.

MPF self-renewal program.

Did you know that dependents can now renew their ID cards online? To participate in this program, visit <http://bit.ly/2mR1gl2>. This program is limited only for renewing dependents' IDs. For all other services, visit MPF during duty hours or call 707-424-8483.

On-base child care. The Air Force requires on-base residents to be licensed by the 60th Mission Support Group if they provide more than 10 hours of care per week in their homes. For more information, call 707-424-8104 or 707-424-4596 or stop by Bldg. 380B.

Photocopying of military identification.

The prohibition of photocopying of U.S. government identification Common Access Card announced by the Office of the Assistant Secretary of Defense, dated Oct. 27, 2011, does not apply to medical establishments, applying for government-issued, no-fee passport and other U.S. government agencies in the performance of official government business. This requirement does not apply to minors ages 16 or younger. However, it applies to sponsors. For more information, call 707-424-5324.

Professional Loadmaster Association.

The Professional Loadmaster Association meets at 7 p.m. the first Tuesday of each month at the Delta Breeze Club. For more information, call Mark Raymond at 707-416-5331.

Retiree Activities Office.

Openings for volunteers. Customers are retired American service members and their family members. It is the RAO's responsibility to maintain open communication and to ensure retirees receive the service and the respect they deserve. If you would like to apply for a volunteer slot and have three hours or more to give, call 707-424-3905.

Solano/Napa Habitat for Humanity.

This organization welcomes volunteers and supporters from all backgrounds. There are recurring events Tuesday through Saturday. For more information, email Staff Sgt. Mathew Clayton at mathew.clayton@us.af.mil.

Travis Community Thrift Shop.

Open 10 a.m. to 2 p.m. Tuesday and Thursday. Ongoing need for volunteers to organize, sort and price donations. For more information, contact the Thrift Shop at 707-437-2370.

Travis Composite Squadron 22 Civil Air Patrol.

Open to youth from 12 to 18, as well as adults ages 18 or older who train and serve as the volunteer component of the total force. UTA is 6:30 to 9 p.m. Monday, Bldg. 241-B-2. Open to all students with a 2.0 or higher grade-point average. For more information, contact CAP 1st Lt. Jo Nash at 707-424-3996 or recruiting@squadron22-cap.us, visit during a UTA or check out <http://squadron22-cap.us>.

Travis Air Force Base Heritage Center.

Open 10 a.m. to 5 p.m. Tuesday through Saturday, Building 80, 461 Burgan Blvd., Travis Air Force Base. Escorts required for general public, call center to arrange. Free. 424-5598, www.travisheritagecenter.org.



Here are the showtimes for this weekend's movies at the Base Theater:

Today

- 6:30 p.m. "A Dog's Journey" (PG)
- 9 p.m. "John Wick: Chapter 3 - Parabellum" (R)

Saturday

- 6:30 p.m. "Pokémon Detective Pikachu" (PG)
- 9 p.m. "John Wick: Chapter 3 - Parabellum" (R)

Sunday

- 2 p.m. "Dark Phoenix" (PG-13)

public, call center to arrange. Free. 424-5598, www.travisheritagecenter.org.

Travis Legal Office. Power of attorney and notaries are walk-ins 9 a.m. to 2 p.m. Monday, Tuesday, Wednesday and Friday, 9 a.m. to 1 p.m. Thursday. Legal assistance for active duty members and dependents are walk-ins from 2 to 3 p.m. Tuesday. For all wills and retiree legal assistance, call 707-424-3251 to make an appointment.

Tuskegee Airman Lee A. Archer Chapter. Meets at 3 p.m. the third Saturday of the month at the Airman and Family Readiness Center.

Voluntary Leave Transfer Program.

The VLTP allows an employee who has a medical emergency or is affected by a medical emergency of a family member and is without availability of paid leave to receive transferred annual leave directly from other employees. For more information, call 707-424-1720.

What's Cookin' Wednesday.

Free lunch at the Travis AFB USO Bldg. 1348. Served from 11 a.m. to 1 p.m. every Wednesday. For active duty, Guard, reservist and their families.

Local events

Events

Benicia Farmers Market. 4 to 8 p.m. Thursdays through August, 4 to 7 p.m. September and October, First Street between B and D streets. www.beniciamainstreet.org

Fairfield Farmers Market and Thursdays on the Green. 3 p.m. Thursdays through Oct. 4, Jefferson and Texas streets. www.fairfieldmainstreet.com.

"Feathers and Fur." Dogs4Diabetics, 2:30 p.m. June 15; Solano County Puppy Raisers, 6:30 p.m. June 20; Loving Animals Providing Smiles, 2:30 p.m. June 22; Paws for Healing, 6 p.m. June 25; Vacaville Public Library-Town Square, 1 Town Square Place. 1-866-57-ASKUS, www.solanolibrary.com.

Party on the Patio. 5:30 p.m. Thursdays, through Oct. 24, Cast Iron Grill & Bar, 700 Main St., Suisun City. www.facebook.com/castirongrillandbar.

"Sounds of Suspense." Radio broadcast, noon fourth Friday of each month, Vacaville Public Library-Town Square, 1 Town Square Place. Free. www.solanolibrary.com.

Third Thursday Night Market. 5 to 8:30 p.m. through September, Andrews Park, Vacaville. Free admission. www.downtownvacaville.com.

Vacaville Farmers Market. 8 a.m. to noon Saturday, through October, Creekwalk Plaza at Andrews Park. www.vacavillefarmersmarket.com.

Vallejo Art Walk. 5 to 10 p.m. second Friday of each month, downtown Vallejo. Free admission. www.vallejoartwalk.com.

Vallejo Farmers Market. 9 a.m. to 2 p.m. Saturdays, year-round, Georgia and Marin streets. www.pcfma.com.

Vallejo Stonewall Film Festival. 6:30 p.m. June 14, Empress Theatre, 330 Virginia St., Vallejo. www.empresstheatre.org.

Vintage Market. 9 a.m. to 2 p.m. every third Saturday, St. Paul's United Methodist Church, 101 West St., Vacaville. 925-978-6989.

Wine Walk. 1 p.m. Saturday, downtown Benicia. Check in begins 12:30 p.m. at 90 First St. www.beniciamainstreet.org.

Music and dance

City Sports Bar and Grill. Music begins at 9 p.m.: Steve Franklin Band, June 14; Ghost Town Rebellion, June 15; 7155 Browns Valley Parkway, Vacaville. 455-7827, www.starsrecreation.com.

Creekwalk Concerts. Music begins at 6:30 p.m.: End Game, June 14; Terry Sheets, June 21; Creekwalk, Vacaville. www.creekwalkvents.com.

Empress Theatre. M.O.V.E.S. Dance Academy, 7:30 p.m. June 15; 330 Virginia St., Vallejo. 552-2400, www.empresstheatre.org.

First Street Cafe. These Fine Moments, 7 p.m. June 14; Open mic, 7 p.m. June 15; Bryan Girard, 2 p.m. June 16; Darilyn Pearl Group, 7 p.m. June 22; 440 First St., Benicia. 745-1400, www.firststreetcafe.com.

The Relik. Fabulous Cruisetones, 8:30 p.m. June 14; Jinx Jones, 8:30 p.m. June 15; Bruce Brophy & Dan DeShara, 6 p.m. June 19; Cloudship, 8:30 p.m. June 21; Uncle Buck, 2:30 to 5 p.m. June 22; The Big Jangle, 6 to 9 p.m. June 22; Neon Velvet, 9 p.m. June 22; 726 First St., Benicia. www.thereliktavern.com.

Sardine Can. Jazz music from 5 to 8 p.m.: Guy Arrostuto, June 16; Ron McGee, June 23; 0 Harbor Way, Vallejo. www.vallejosardinecan.com.

Theatre DeVille. DJ Elements, 9 p.m. June 14; Aeromyth, 8 p.m. June 21; Hey Jude and Malecontent, 3 p.m. June 23;

Small training squadron makes big global impact

Senior Airman Mya M. Crosby
355TH WING

DAVIS-MONTHAN AIR FORCE BASE, Ariz. — The 372nd Training Squadron, Detachment 11, is a unit specifically dedicated to improving maintenance Airmen skills surrounding the many lethal aircraft assigned to the 355th Wing at Davis-Monthan Air Force Base.

Its main focus is to deliver major command-directed and unit-requested training throughout the Air Force aircraft maintenance field focusing on advanced skills and additional hands-on experience.

“We provide advanced skills training for almost every maintenance specialty found at Davis-Monthan (AFB) for the A-10C Thunderbolt II, EC-130H Compass Call, HC-130J Super Hercules, HH-60G Pavehawk and F-16C/D Fighting Falcon as well as Aerospace Ground Equipment and general maintenance processes and procedures,” said Master Sgt. Bryan Stevens, 372d TRS, Det. 11, production superintendent. “We also provide the 3-level awarding training course for A-10 crew chiefs en route to their first permanent duty stations, supporting six (major commands).”

This small, but mighty unit not only trains many Airmen on improving their skills, but is also

the next stop for Mission Ready Airmen – brand new Air Force personnel who have graduated from maintenance technical school.

“We have a group of instructors here, that teach the MRA,” said Staff Sgt. Bradley Stallings, 372d TRS, Det. 11, hydraulics instructor. “These Airmen come from technical school and they stop here before they reach their next base, so that way when they get to their base, they are proficient.”

The 372nd TRS, Det. 11, also provides in-depth training for the Air Force Repair Enhancement Programs of Maintenance Groups. They can also send their instructors to provide mobile training support to address training gaps, new equipment and foreign partners.

Whether it’s new or experienced Airmen, training the Air Force’s finest maintainers into bettering their skillset is this unit’s number one priority, impacting not only Davis-Monthan AFB, but the entire Air Force.

“The real significance of our unit is the massive reach of the training we provide,” said Stevens. “Not only do we train students from the flightline and back shops of Davis-Monthan, who can apply it in their own training programs and at future assignments, but we also train Airmen from around the world.”

Month

From Page 4

National Institutes of Health before your next appointment. And if you don’t have a primary care manager or need help finding a doctor, use Find a Doctor on the TRICARE website.

- Be aware of signs and symptoms: Notice potential health concerns, beyond when you’re sick or injured. Pay attention to that mole, persistent cough, or other symptom that seems new or unusual. Get familiar with your family’s health history. Your provider can assess your risk of disease

based on your family history and other factors.

- Develop a healthy lifestyle: Exercise regularly, get enough sleep, and eat healthy balanced meals to stay in control of your mental and physical health. If you feel depressed, seek help. Your doctor can help you identify problems, like being overweight or feeling anxious. Learn about mental health services that TRICARE covers.

This June, take steps to get healthy. Schedule the health care visits you need, and take command of your health. Go to the Military Health System Men’s Health Month spotlight to learn more about health issues important to men.

Old parts

From Page 12

Dylan Drake, 372nd TRS FTD 5 crew chief instructor. “However, having the trainers here is certainly more convenient and gives us the ability to do it over and over if we need to.”

Currently, the detachment is trying to get a section of a B-52H tail from the boneyard to use for drag chute training, which will alleviate one of their most difficult training scenarios to set up.

“The reason the training is problematic to organize is because the chutes are only deployed after a flight, so trying to coordinate a time where we have the students and also

have an aircraft land can sometimes be tough between the communication and timing,” Drake said. “Having that tail section here that we can load whenever we need to would be a great addition to our capabilities.”

This hands-on experience has proven to be effective to students when it comes to absorbing the information.

“This form of instruction is a lot better because when you’re actually doing it yourself, it’s a lot easier to retain,” said Airman 1st Class Chase Guggenbuehl, a student at the detachment and 11th Aircraft Maintenance Unit crew chief. “It makes you want to pay attention. It’s not just words on a screen. The actual tools

and parts of the jet are right in front of you to help you see how it actually works.”

The feedback from the courses at Barksdale AFB and Minot AFB, North Dakota, have been so positive that it is now being used as a model for maintenance field training across the Air Force.

“It’s awesome to be a part of this capability and help other maintainers get the training they need to be effective and ultimately getting the aircraft off the ground and completing the mission,” Farrar said. “That is only possible when you have a team who is dedicated to what they do, care about their students and who are always looking for ways to be more impactful.”

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Sweden

From Page 11

Rovaniemi Air Base, Finland, and a Tactical Air Operations Center and Marines from the 4th Marine Aircraft Wing to Jokkmokk, Sweden.

All in all, 140 aircraft and 4,000 military personnel from nine nations participated in ACE 19. Swedish Air Force Lt. Col. Tobias Wikstrom, wing commander flying at Kallax Air Base, stated approximately 1,600 sorties were flown for ACE 19. During some flight missions, as many as 100 combat aircraft were in the exercise airspace simultaneously. The Arctic Challenge Exercise provided participating countries a unique opportunity to plan and execute a large multinational air operation. The exercise concept was based on a United Nations mandate to operate a large international stabilization force against a highly skilled, near-peer competitor. All facets of air operations were tested, including offensive and defensive scenarios consisting of both air-to-air and air-to-ground missions.

One of the reasons the South Carolina ANG was invited to participate in this year's exercise was to demonstrate to partner nations their ability to suppress enemy air defenses, in a realistic training environment.

Symposium

From Page 5

sexual behaviors in service members to improve sexual and reproductive health.

“This year, there will also be a brief keynote presentation on the importance of including data from women in medical studies,” said Williams.

Lt. Col. Dawn-Kimberly Hopkins, 60th MDG chief of clinical research, said women are often left out of studies, which begs the question of whether or not a treatment that works for men would work the same way for women?

Residents will have five minutes to explain their research projects, which will be judged by DGMC leadership in terms of best poster, best delivery and best project.

Two of the projects already have been selected for presentation at the 2019 Military Health System Research Symposium Aug. 21 in Kissimmee, Florida.

“It’s where the best and brightest from all of the DOD and the Veterans Administration come to present their work,” said Williams.

Capt. (Dr.) Robert Wright and

Capt. (Dr.) Carl Beyer, 60th MDG, will discuss their findings about pre-diabetes management and diagnosis at DGMC and long-term risk of opioid use after combat injury, respectively. The doctors earned two of 10 spots out of the thousands of research projects submitted for MHSRS, said Williams.

“If all the Army, Navy and Air Force are competing for 10 spots and David Grant gets two of them, that says a lot about the residents here,” he said.

More than half of the research projects presented at the DGMC symposium over the past six years have been presented at national medical and scientific meetings. About one-fourth have been published, particularly those dealing with trauma resuscitation, said Williams.

“No one else is doing research in this area, so it is important that the military does,” he said.

One of DGMC’s most significant research projects resulted in the development of the resuscitative endovascular balloon occlusion of the aorta, or REBOA, used to slow or stop hemorrhaging in a blood vessel while allowing blood to continue flowing to other body parts. The U.S. Food and Drug Administration approved the

use of REBOA in January 2016.

Other Air Force research has resulted in improvements in pediatric care, neonatal ventilation and the treatment of the respiratory syncytial virus, a highly contagious virus that causes infections in the lungs and respiratory tract of infants and older adults, according to the Mayo Clinic.

“When the military develops research, it benefits the world,” said Williams.

For those who cannot attend the June 17 symposium, the military’s cost for the MMR test is less than \$5.50 per sample. The cost for the vaccine is \$36 per dose.

People who received two doses of the vaccine as children are usually considered protected. However, adults who do not have evidence of immunity should get at least one booster shot, according to the CDC.

“The measles, mumps and rubella project provided evidence that 20 percent of civilians and military members arriving at DGMC without immunization records for MMR did indeed lack measles immunity,” said Williams. “Even during this measles outbreak, the risk is low for military members to get measles. The military will save money by performing (blood tests) first to determine immunity.”

Transplant

From Page 5

service members. Repair of a damaged blood artery would normally involve surgically removing and using an extra vein that runs just under the surface of the length of the patient’s inner leg called the saphenous. However, some patients may not have an adequate sized vein, or they may have had the vein damaged during the original injury; a common situation in blast-injured service members. Using the patient’s own saphenous vein for repair also increases the time of an already complex operation, and requires another surgical incision that has its own risks.

The HAV was created by a team of clinician-scientists from Yale and Duke Universities led by Drs. Laura Niklason and Jeff Lawson, respectively, and has only recently been used in hundreds of civilian patients in the U.S. and around the world, mostly on a research basis. In 2011, amidst several deployments and while serving as the deputy commander of the U.S. Army Institute of Surgical Research, Rasmussen had an opportunity to see how the HAV worked and was able to study it himself in an animal model of vascular injury. For nearly a decade, Rasmussen has led collaborative efforts to help bring this innovative

technique into the Military Health System. Because the HAV does not yet have full FDA clearance, Rasmussen worked with members of the FDA to get his own approval to use the investigational device at Walter Reed. Rasmussen believes this procedure could soon be the new way to help save limbs on the battlefield.

“I think this product could be a game changer for the management of vascular injury and vascular disease – it could eliminate the need for saphenous vein harvest or use of plastic vascular conduits. We’ve been enthused by its potential use on the battlefield, studied it in our military labs and supported its research in civilian centers, and it’s great to see it now diffuse into real-world practice,” Rasmussen said. “Injury to major blood vessels of the body is the most common cause of death and disability in combat and we need new technologies such as this to improve our ability to save lives and limbs. Because this product is made of neutral biologic material, it has the potential to be resistant to infection and become incorporated or adopted by the recipient patient. The fact that it can be bio-manufactured to a specific size and available for immediate, off-the-shelf use is also revolutionary.”

Development of the HAV starts by taking living cells from a human blood vessel and placing them onto a

tube-shaped frame. Just as cells would normally grow inside a petri dish, these vascular cells are kept alive in an organ chamber and allowed grow around the tube-shaped lattice. As the cells are maintained in the chamber they secrete the strong structural substances that make up a blood vessel. During the process, the chamber generates a pulsating rhythm through the tube-shaped frame, mimicking a heartbeat and giving the new vessel the sensation of blood pressure as it is forming. Over the course of weeks, the cells and the strong framework they form begin to “think and behave” like a real blood vessel, Rasmussen said. Over time, the lattice that was used to seed the original vascular cells dissolves, and scientists remove the original cells so the new vessel doesn’t cause an immune response when it’s implanted. What is left is a solid, tubular structure made of human vascular material, which looks and performs like a blood vessel – thus, the bio-engineered and newly grown blood vessel, or HAV.

The HAV is then removed from the organ chamber, packaged in sterile preservative fluid, and stored ready for surgical implantation into a patient with an injured or blocked blood vessel. When sewn in place in the operating room, the HAV reroutes and restores blood flow around the vascular blockage or injury.

Since the finished framework that

makes up the HAV is immune-neutral, Rasmussen noted, patients do not have problems “taking” the transplanted vessel, meaning the recipient’s body does not reject the HAV that it might otherwise not recognize because it’s a biologic originating from someone else’s vascular cells. Also, because the vascular framework can conform to any tube-shaped lattice, these vessels could potentially be made into various shapes and sizes to meet an individual patient’s needs, he said.

“Once the HAV is implanted, the patient’s own cells circulate through and hopefully make themselves at home to ‘redecorate’ the new vessel as their own” Rasmussen said. “Although further research needs to be performed to understand the long-term durability and features of this product, the hope is that as the HAV functions in the recipient patient, it will become that patient’s own ‘living’ vessel and last indefinitely.

“Having this innovative product reach the point of clinical use and study is a great example of the synergies that exist between university-based innovation, private industry, the DoD-medical research program and the FDA. It’s another example of how priorities and the lessons learned from war propel advances in medicine and the biomedical sciences – hopefully to the betterment of military and civilian patients.”

Indy 500

From Page 6

500. Making the jump to the Andretti team was a big move for the local favorite, who is from Noblesville, Indiana.

“My car for the last two years has been the best looking car in the field and this year it’s going a lot faster. It’s just awesome to be part of this team,” Daly said.

Daly held his own throughout the race after qualifying 11th. He climbed to as high as fourth with 32 laps remaining. Andretti said a late mechanical adjustment may have cost Daly several places and left him vulnerable at the final restart with 18 laps to go. He finished the race in 10th place.

“(Daly) did a great job,” Andretti said. “We screwed him up a little bit on that last pit stop and that put him back. I think he had the potential to be right up there with Alex (Rossi) right there at the end. I really feel bad for him. He drove a really, really good race. He actually did a great job all month long. He’s a pleasure to work with. We had a lot of fun. Hopefully we can all do this again.”

Rossi had a back-and-forth battle with eventual winner, Simon Pagenaud, but gave up the lead in the final few laps to take second place for Team Andretti. Teammate Ryan Hunter-Reay finished eighth, giving Andretti three top-10 finishers.

“Those last couple of laps were incredible. They were really battling it out up at the front of the pack and I thought Alexander Rossi was going to end up in first place,” said Brig. Gen. Jeannie Leavitt, Air Force Recruiting Service commander. “I think partnering with Andretti Autosport gives us an opportunity to engage with the American public and tell them about all of the opportunities available when they join the Air Force. It is a great partnership.”

For the Air Force, being a part of Indy means a full month of events leading up to the big race.

“The investment with Conor Daly and the No. 25 car running in the Indy 500 was successful before the green flag dropped,” said Maj. Ross McKnight, AFRS branch chief of special events. “We’ve seen good lead and registrant numbers, great awareness and great push on social media. I’m real happy with how everything looks. We had the

awareness and the reach, a lot of success at various high school visits as well as lead registrants on the given weekends.”

While McKnight was excited with how the Andretti team performed, he was equally thrilled with the entertainment the race gave to fans. He hopes fans can recognize the traits a race team and the Air Force share and see the nearly 270 career opportunities available in the Air Force – either full- or part-time.

“I want the fans to be entertained and relate to the sport and see how it can be transitioned into supporting their Air Force,” he said.

There are many similarities between Indy racing and the Air Force, with each having dedicated teams that prepare for engagement.

“I think it’s a great fit because there’s a lot of science, technology, engineering and math,” Daly said. “The technology that goes into these cars, the work that is put into making these cars fast are all in the minute details, stuff you need to have when you’re flying fighter jets as well. Everything is really detail oriented and I think that aligns so well with everything in the Air Force.”



U.S. Air Force photo/Master Sgt. Chance Babin

Patrons at the Indy 500 line up to check out the Air Force interactive hangar prior to the Indianapolis 500 race May 26 in Indianapolis, Indiana.

Capt. Nichole Stillwell, a 27th Fighter Squadron F-22 Raptor pilot at Joint Base Langley-Eustis, Virginia, was a guest of AFRS for the weekend and represented the Air Force during the Indy 500 parade Saturday, riding with Daly in an Indy 500 Corvette pace car. She joined Leavitt before the race in a salute to the military, riding around the track with service members from all branches.

“The parade was the highlight,” Stillwell said. “I got to sit with Conor and get to know him. He is an outstanding individual. We got to see a lot of the fans and see the patriotism that is the Indy 500. It was pretty awesome.”

She said the racing teams and the Air Force have many parallels.

“The partnership with Team Andretti and the fact they correlate the precision and the teamwork it takes to execute the Indy 500 is similar to what we do in the Air Force,” the pilot said. “That was a real learning point for me to see how much we correlate and how similar we are. I learned a ton while I was here.”

The Indy 500 highlighted the military throughout the weekend and respectfully honored Memorial Day. The Air Force Heritage Flight performed a flyover before the race with a four-plane formation of an F-16 Fighting Falcon, P-51 Mustang, P-40 Warhawk and an A-10 Thunderbolt II. The A-10 and F-16 broke off and raced around the track using minimum radius turns. Finally, the F-16 ended the flyover with a maximum climb departure that sent the crowd into a roaring cheer.

“The Indy 500 is an iconic American event and has a tradition of being run on Memorial Day weekend,” Andretti said. “I think it’s so fitting because it allows us to use the largest racing stage to help honor the men and women who have made the ultimate sacrifice for our freedoms.”


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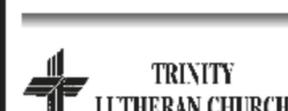
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AMLO

From Page 11

outside of their career fields. Balancing attitudes of adapt-and-overcome versus regulation compliance and risk avoidance is the challenge.”

AMLOs are considered coaches and problem solvers for mobility operations, Weber said. The Airmen are able to teach, advise and do everything from cargo load plans to airdropping equipment and passengers.

“Air Mobility Liaison Officers are U.S. Transportation Command’s most forward echelon, the connective tissue for rapid global mobility,” said Lt. Col. Curt Haase, 621st MSOS commander. “(They are) a sensor for the Air Mobility Command network and key leaders.

No single person in the AMC network is better postured to close the joint operational gap than the AMLO.

This most recent mission was challenging for Weber. However, he was able to adapt and overcome, and coordinated air mobility command and control, and drop landing zone operations.

“The landing zone was a success; we pushed huge amounts of cargo and passengers without incident in the worst conditions,” Weber said. “It sounds cliché to say things like ‘safety first,’ but both risks to the aircraft, crews and ground personnel were high.”

AMLOs operate under the 621st CRW, and are embedded with Army, Marine and special operations units, in-garrison and deployed to locations around the United States, Asia and the Middle East.

“Operating max weight C-17’s (Globemaster III) at night into a small dirt runway, there is little tolerance for error by the crews or ground personnel,” he said. “My focus was to keep pilots aware of exact field conditions and where the aircraft needed to be.”

Weber is a trained KC-135 Stratotanker instructor pilot, aircraft mishap investigator and is airborne jump qualified. Throughout this mission, he said his motivation to work through the hardship was knowing his role in defending against hostile forces in the region.

“Serving in Syria (was) critically important as the coalition destroyed ISIS (Islamic State of Iraq and Syria) and took back the land,” Weber said. “The mission is my motivation: to rid the world of ISIS.”

Locke

From Page 2

members is an unknown world to many of our friends, family, employers or even college professors. If you make them a part of your experience, it will give them a better understanding of why you need their support. It will also add a deeper meaning the next time they say, “Thank you for your service.” Don’t let the first time they hear about your service be the moment you are leaving. It is important to develop a transition plan for the things you are responsible for prior to an activation or temporary duty. Help everyone be prepared for your absence. The better you prepare them, the more likely you are to receive their support.

Those of us who are Reserve members have the special responsibility of managing our

military and our civilian careers. What does your employer know of your military career? Do they understand your annual tour requirements and the possibility of a deployment? Do you take part in the employer appreciation opportunities when provided? Have you ever shared your military experiences with your boss and co-workers?

Letting people know you need help and why you need help will better ensure you get the support you need. This support will also ensure the Air Force mission is fulfilled.

To Be O.P. is going to look different for all of us as we serve and deploy. Preparation is the key to success. When you are prepared, your mind will stay better focused on the mission. Understand there are many important areas in your life that can benefit from “Be O.P.” So, Be O.P. and make it your own.

Czech

From Page 10

us with training and we get a lot of the historical tour-type things to familiarize ourselves with the different culture.”

Live fire training at the fire pit and structural burning training scenarios are sometimes scarce in other countries.

“We are feeling happy that we could cooperate with you, and with our colleagues and friends from the Nebraska Air National Guard,” said Czech Republic air force Capt. Jan Smetana. “We know how fortunate we are to train in this simulation, installation and facilities. We don’t have these facilities for our firefighters.”

The airmen fought through the language barrier to build relationships through one exercise after another. Not only did it expose the Czech Republic to training they would otherwise not receive, it allowed everybody involved to enhance their ability to communicate while fighting a fire, something that is difficult even without a language barrier.

“It is very good fortune for us to train our language skills and cooperation,” Smetana said. “In the future we can use it in a potential foreign mission or big foreign exercise.”

The training exercises gave the groups the opportunity to learn from the unique experiences of their counterparts. All parties involved said they were able to take something, not just from the exercise, but from the other participants, that they will use in the future to be better firemen.

“Firefighters are required to be proficient in a myriad of skills. The key to this preparation is training and repetition. Continually practicing these skills forms a second nature preparedness for real-world events,” Eblin said. “Working with other fire teams provides us an opportunity to expand our knowledge base and experiences through sharing of ideas and processes. Working with the Czech firefighters certainly provided a very unique and rewarding experience for our firefighters and we hope that we can continue this partnership in the future.”



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KC-46

From Page 3

effort between the USAF and Boeing.

"The KC-46s being used for this test effort are owned by Boeing and operated by a combined Air Force and contractor crew," Schaffer said. "All the test planning and execution is being led by the 418th FLTS, part of the 412th Test Wing at Edwards. The flight test program evaluates the mechanical compatibility of the two aircraft at all corners of the boom flight envelope, as well as handling qualities of both the tanker, boom and receiver throughout the required airspeed and altitude envelope at different gross weights and center of gravity combinations."

The 418th FLTS is also responsible for developmental testing of the C-5M, and is providing a test pilot to support the C-5M side of the certification testing, Schaffer added. The C-5M was crewed primarily by the 22nd AS with augmentation from the 418th.

"Additionally, the military utility, lighting compatibility

and fuel transfer functionality is also being evaluated," Schaffer said. "The testing is expected to take approximately 12 sorties to complete."

Once the testing is complete, the results will be used to develop the operational clearance necessary to allow KC-46s to refuel the C-5M for missions.

"The C-5M is also one of the receivers required to complete the KC-46 Initial Operational Test and Evaluation program, which is a prerequisite to the KC-46 being declared operationally capable," Schaffer said. "Completing the testing necessary to expand the operational capabilities of the KC-46 is a critical step in modernizing the Air Force's aging tanker fleet. The 60th Air Mobility Wing at Travis has provided outstanding support to ensure this testing can get the warfighter expanded capabilities as soon as possible."

Identifying potential problems is also a focus of the testing, Moore added.

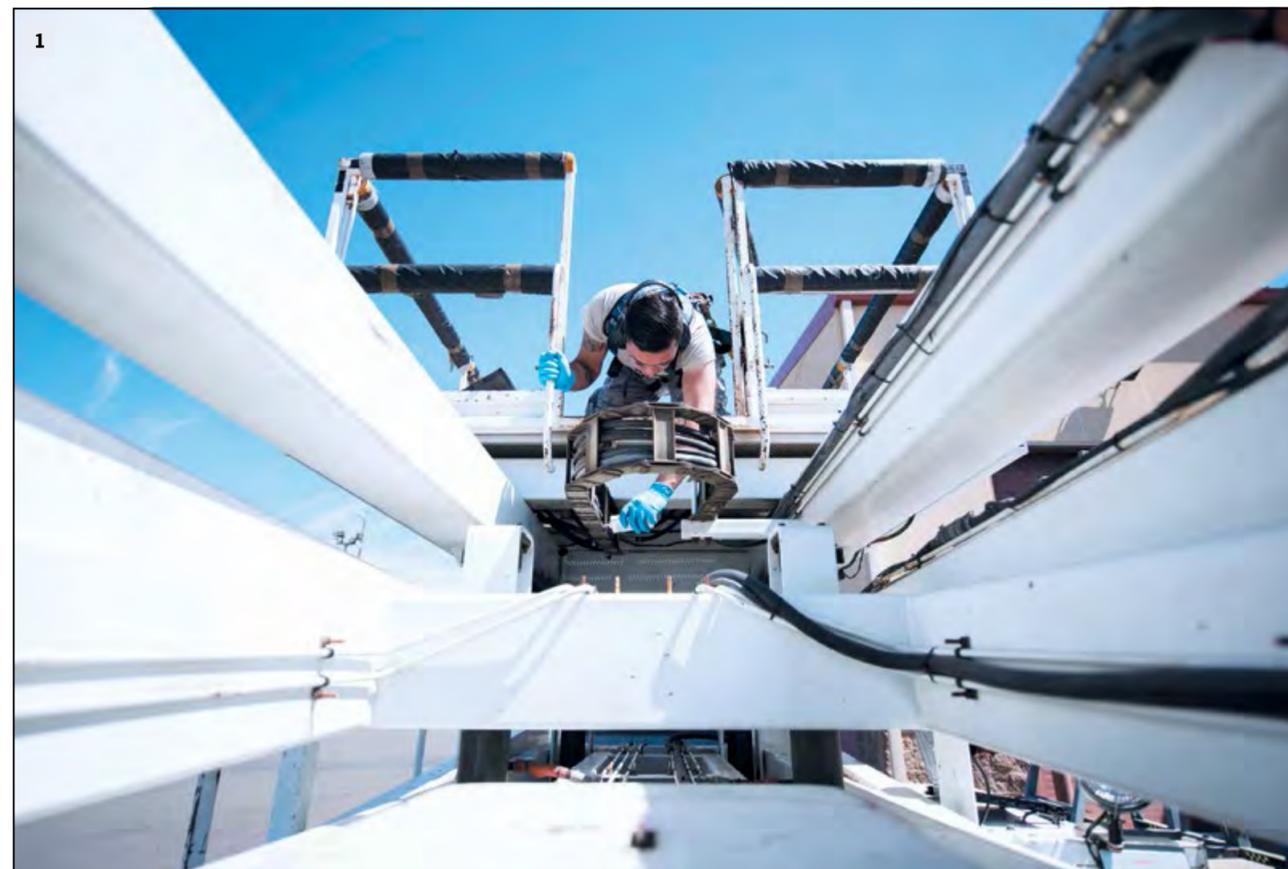
"It's important, if any issues are identified during the testing, to ensure counter measures are created to overcome those issues," Moore said. "We want to get the best product to



U.S. Air Force photo/Christian Turner
A KC-46A Pegasus out of Edwards Air Force Base, California, conducts testing with a C-5M Super Galaxy out of Travis Air Force Base, California, for the first time April 29. Travis will receive the KC-46, the Air Force's newest refueling aircraft, in 2023.

the warfighter to extend global reach and mobility."

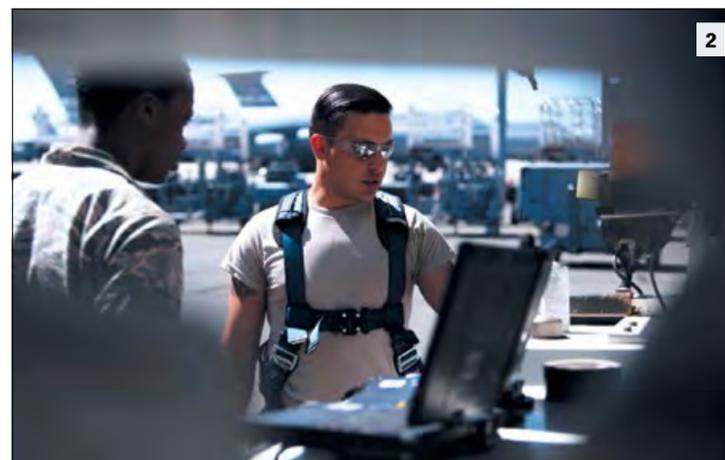
Travis is scheduled to receive its first KC-46 in 2023.



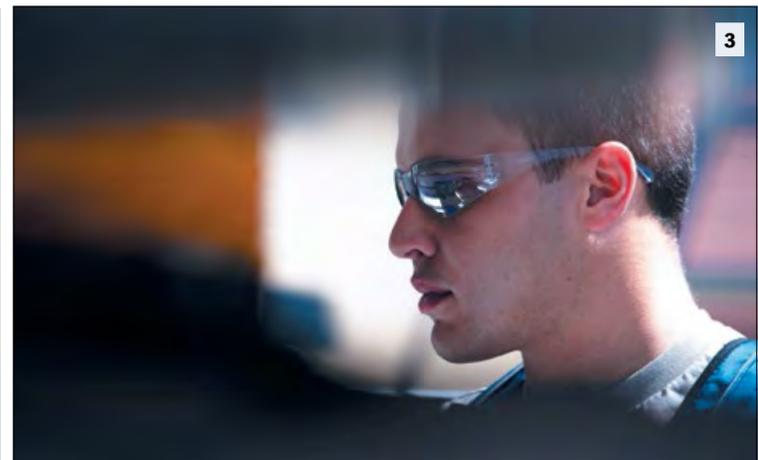
1) Airman David Yerushalmi, 60th Maintenance Squadron aerospace ground equipment technician, applies lubrication to a hydraulic scissor lift maintenance stand June 4 at Travis Air Force Base, California. The AGE flight ensures other maintenance teams have the equipment they need to launch aircraft on time. 2) Yerushalmi, right, looks up operating procedures on a computer with Airman Myrtho Pierre, 60th MXS AGE technician, June 4 at Travis Air Force Base, California. 3) Yerushalmi looks up operating procedures on a computer June 4 at Travis Air Force Base, California.

Travis operates 24/7 thanks to Aerospace Ground... EQUIPMENT

U.S. Air Force photos/Airman 1st Class Jonathon Carnell



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